

This month at....



Helen Thomas
Granma's 1908 Cordial

When Helen Thomas' daughter was diagnosed with chemical intolerance she returned to the good old days to find a recipe for cordial which had no added colours or preservatives, was all natural and could be hand made.

Helen soon discovered many other families also looking for drinks without these nasties. So starting with her "great idea", \$20 and an old recipe, Helen began developing the exciting 18 flavours of Granma's 1908 Cordial. Because it was an instant recipe for success the cordial quickly found sales outlets all around Australia including Absolutely Delicious in Bathurst.

Use it as a special ingredient in punches, mix with soda, mineral water, or for the young at heart mix with something a little stronger. Granma's 1908 Cordial can be enjoyed hot or cold.

See <http://www.granmas1908cordials.com.au> for more information.

Bathurst Farmers Market

see you there!

Recipe of the Month

Vinaigrette

INGREDIENTS:

- 3 tablespoons **Granma's 1908 Lemon Grass Cordial**
- 1 chopped red chilli
- 110 ml olive oil
- 2 tablespoons lime juice
- Pinch of salt
- 2 tablespoons soya sauce



DIRECTIONS:

- Add all ingredients into your salad bottle.
- Shake to mix together.
- Serve with a tossed salad - **Absolutely Delicious**



**On this Saturday from 8am to 12noon
at Bathurst Showground**

Seasonal - Fresh - Produce - Organic - Delicious